

Watch & Pray



OK but why am I doing this?



Ultimate submission to the Father's will

■ Luke 22:46 When He arrived at the place, He said to them, "Pray that you may not enter into temptation." And He withdrew from them about a stone's throw, and He knelt down and began to pray, saying, "Father, if You are willing, remove this cup from Me; yet **not My will, but Yours be done.**" Now an angel from heaven appeared to Him, strengthening Him. And being in agony He was praying very fervently; and His sweat became like drops of blood, falling down upon the ground. When He rose from prayer, He came to the disciples and found them sleeping from sorrow, and said to them, "Why are you sleeping? Get up and pray that you may not enter into temptation."

Jesus' desires for us

- John 17:1-3 Jesus spoke these things; and lifting up His eyes to heaven, He said, Father, the hour has come; glorify Your Son, that the Son may glorify You, even as You gave Him authority over all flesh, that to all whom You have given Him, He may give eternal life. This is eternal life, that they may know You, the only true God, and Jesus Christ whom You have sent.
- John 17:7-8 Now they have come to know that everything You have given Me is from You; for the words which You gave Me I have given to them; and they received them and truly understood that I came forth from You, and they believed that You sent Me.
- John 17:16-18 They are not of the world, even as I am not of the world. Sanctify them in the truth; Your word is truth. As You sent Me into the world, I also have sent them into the world.

But we feel the pull of the flesh

- Matt 26:36-46 Then Jesus came with them to a place called Gethsemane,
And He came to the disciples and found them sleeping, and said to Peter, "So, you men could not keep watch with Me for one hour? "Keep watching and praying that you may not enter into temptation; **the spirit is willing, but the flesh is weak**



How important is prayer?

- Luke 18:1 Now He was telling them a parable to show that at all times they ought to pray and not to lose heart,
- Luke 21:36 "But keep on the alert at all times, praying that you may have strength to escape all these things that are about to take place, and to stand before the Son of Man."
- Eph 6:18 With all prayer and petition pray at all times in the Spirit, and with this in view, be on the alert with all perseverance and petition for all the saints

You are an overcomer – in Jesus

- 1 Cor 10:13 No temptation has overtaken you but such as is common to man; and God is faithful, who will not allow you to be tempted beyond what you are able, but with the temptation will provide the way of escape also, so that you will be able to endure it.
- 2 Pet 2:9 then the Lord knows how to rescue the godly from temptation,

Ask anything

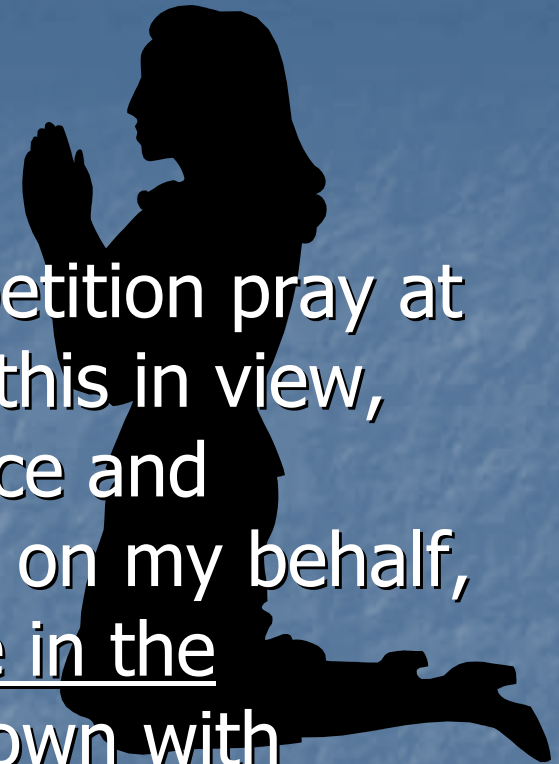
- John 16:23-24 In that day you will not question Me about anything. Truly, truly, I say to you, if you ask the Father for anything in My name, He will give it to you. Until now you have asked for nothing in My name; ask and you will receive, so that your joy may be made full.
- John 16:26-28 In that day you will ask in My name, and I do not say to you that I will request of the Father on your behalf; for the Father Himself loves you, because you have loved Me and have believed that I came forth from the Father. I came forth from the Father and have come into the world; I am leaving the world again and going to the Father.

Of course there is a choice!

- Rom 8:13 for if you are living according to the flesh, you must die; but if by the Spirit you are putting to death the deeds of the body, you will live.
- Gal 5:25 If we live by the Spirit, let us also walk by the Spirit.

Spirit training

- Eph 6:18-19 With all prayer and petition pray at all times in the Spirit, and with this in view, be on the alert with all perseverance and petition for all the saints, and pray on my behalf, that utterance may be given to me in the opening of my mouth, to make known with boldness the mystery of the gospel,
- 1 Thess 5:17 pray without ceasing
- 3 John 1:2 Beloved, I pray that in all respects you may prosper and be in good health, just as your soul prospers.



Gifts for being & doing

- Gal 5:22 But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness,
- Rom 12:6-8 Since we have gifts that differ according to the grace given to us, each of us is to exercise them accordingly: if prophecy, according to the proportion of his faith; if service, in his serving; or he who teaches, in his teaching; or he who exhorts, in his exhortation; he who gives, with liberality; he who leads, with diligence; he who shows mercy, with cheerfulness.
- 1 Cor 12:7-11 But to each one is given the manifestation of the Spirit for the common good. For to one is given the word of wisdom through the Spirit, and to another the word of knowledge according to the same Spirit; to another faith by the same Spirit, and to another gifts of healing by the one Spirit, and to another the effecting of miracles, and to another prophecy, and to another the distinguishing of spirits, to another various kinds of tongues, and to another the interpretation of tongues. But one and the same Spirit works all these things, distributing to each one individually just as He wills.

- Colossians 1:9b-12
-asking God to fill you with the knowledge of his will through all spiritual wisdom and understanding. And we pray this in order that you may live a life worthy of the Lord and may please Him in every way: bearing fruit in every good work, growing in the knowledge of God, being strengthened with all power according to his glorious might so that you may have great endurance and patience, and joyfully giving thanks to the Father, who has qualified you to share in the inheritance of the saints in the kingdom of light.

- Matt 6:9-13 "Pray, then, in this way: 'Our Father who is in heaven, Hallowed be Your name. 'Your kingdom come. Your will be done, On earth as it is in heaven. 'Give us this day our daily bread. 'And forgive us our debts, as we also have forgiven our debtors. 'And do not lead us into temptation, but deliver us from evil. For Yours is the kingdom and the power and the glory forever. Amen.'

