

God is Good??



Surely God is my help; the Lord is the one who sustains me. Psalm 54:4

Cast your cares on the Lord and He will sustain you. Psalm 55:22



We don't need answers for our head,
we need God's presence for our hearts
because that's where the pain is.

We rarely need an answer, we need
God's presence.



‘Hear my cry, O God, listen to my prayer. From the ends of the earth I call to you, I call as my heart grows faint; lead me to the Rock that is higher than high...I long to dwell in your tent forever and take refuge in the shelter of your wings.’ Psalm 61:1-4



In order for God to give us what we actually need, we have to let go of what we think we need.

To get peace, give up your right to get understanding.



Don't give up hope!

Trust that He is big enough

Trust that his love is strong enough

Trust that He is good enough



‘We can rejoice, too, when we run into problems and trials, for we know that they help us develop endurance. And endurance develops strength of character, and character strengthens our confident hope of salvation. And this hope will not lead to disappointment. For we know how dearly God loves us, because he has given us the Holy Spirit to fill our hearts with his love.’

Romans 5:3-5



We may not know what's going on but we can have confidence in who God is.

‘And we know that in all things, God works for the good of those who love Him.’ Romans 8:28



A renewed mind helps us to
understand the purposes of God.

Check out Romans 12:2

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- ▶ “When I think of all this, I fall to my knees and pray to the Father, the Creator of everything in heaven and on earth. I pray that from his glorious, unlimited resources he will empower you with inner strength through his Spirit. Then Christ will make his home in your hearts as you trust in him. Your roots will grow down into God’s love and keep you strong. And may you have the power to understand, as all God’s people should, how wide, how long, how high, and how deep his love is. May you experience the love of Christ, though it is too great to understand fully. Then you will be made complete with all the fullness of life and power that comes from God.” Ephesians 3:14-19

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