



# Rest and Peace

Depart from evil and do good; Seek peace and pursue it.  
(Psa 34:14)

# WHAT IS THE DIFFERENCE BETWEEN REST & PEACE?

- ▶ And He said, "My presence shall go *with you*, and I will give you rest." (Exo 33:14)
- ▶ Remember the word which Moses the servant of the LORD commanded you, saying, 'The LORD your God gives you rest and will give you this land.' (Jos 1:13)
- ▶ So Joshua took the whole land, according to all that the LORD had spoken to Moses, and Joshua gave it for an inheritance to Israel according to their divisions by their tribes. Thus the land had rest from war. (Jos 11:23)

# JESUS IS OUR REST

- ▶ He enters into peace; They rest in their beds,  
Each one who walked in his upright way.  
(Isa 57:2)
- ▶ So there remains a Sabbath rest for the people of  
God. (Heb 4:9)
- ▶ By this, love is perfected with us, so that we may  
have confidence in the day of judgment;  
because as He is, so also are we in this world.  
(1Jn 4:17)

# SO WHAT IS PEACE?

- ▶ The LORD lift up His countenance on you, And give you peace.' (Num 6:26)
- ▶ and thus you shall say, 'Have a long life, peace be to you, and peace be to your house, and peace be to all that you have. (1Sa 25:6)
- ▶ The LORD will give strength to His people; The LORD will bless His people with peace. (Psa 29:11)

# PURSUING PEACE ?

- ▶ There will be no end to the increase of *His* government or of peace, On the throne of David and over his kingdom, To establish it and to uphold it with justice and righteousness From then on and forevermore. The zeal of the LORD of hosts will accomplish this. (Isa 9:7)
- ▶ How lovely on the mountains Are the feet of him who brings good news, Who announces peace And brings good news of happiness, Who announces salvation, And says to Zion, "Your God reigns!" (Isa 52:7)

IT IS HIS HEART FOR YOU TO HAVE HIS PEACE

"Peace I leave with you; My peace I give to you; not as the world gives do I give to you. Do not let your heart be troubled, nor let it be fearful.

(Joh 14:27)

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