

A person wearing a dark grey t-shirt is shown from the chest up. Their hands are held together in front of their chest, cupping a glowing, ethereal heart-shaped energy field. The heart is composed of swirling, translucent light in shades of white, yellow, and pink. The background is a plain, dark grey wall.

The Spiritual Life

Jesus's Words

[Matthew 9:16](#)

But no one puts a patch of unshrunk cloth on an old garment; for the patch pulls away from the garment, and a worse tear results.

[Matthew 15:8](#)

'This people honors Me with their lips, But their heart is far away from Me.

[Matthew 15:19](#)

For out of the heart come evil thoughts, murders, adulteries, fornications, thefts, false witness, slanders.

[Matthew 18:35](#)

My heavenly Father will also do the same to you, if each of you does not forgive his brother from your heart."

[Matthew 22:37](#)

And He said to him, "You shall love the Lord your God with all your heart, and with all your soul, and with all your mind.'



'I will write them on their hearts'

'I will remember their sins no more'



...as we


FORGIVE

those who trespass against us

inside

Forgive

jesus

A person wearing a dark grey t-shirt is shown from the chest up. They are holding a glowing, ethereal heart shape with both hands. The heart is composed of white and yellow light trails, giving it a sense of movement and energy. The word "jesus" is written in white lowercase letters inside the heart. The background is a plain, light-colored wall.